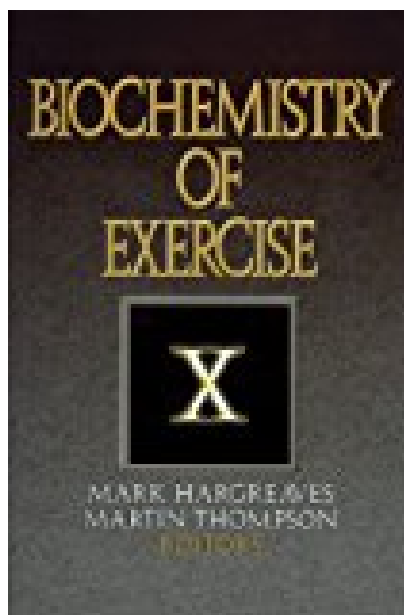


# Biochemistry of Exercise X

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## BOOK DETAILS

- Author :
- Pages : 337 Pages
- Publisher : Human Kinetics
- Language : English
- ISBN : 0880117583

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## BOOK SYNOPSIS

Drawing from the work of leading researchers in 26 countries, *Biochemistry of Exercise X* delivers an up-to-date, wide-ranging examination of membranes, muscles, and exercise. Experts in the field of biochemistry offer the latest research findings on topics such as signaling, excitation-contraction, metabolism, and adaptation. The book features the proceedings of the prestigious Tenth International Conference on Biochemistry of Exercise held in Sydney, Australia, by the Research Group on Biochemistry of Exercise (ICSSPE) July 15-19, 1997. Featuring 48 illustrations and 9 tables, *Biochemistry of Exercise X* thoroughly examines recent findings on the basic mechanisms shaping exercise biochemistry and details their applications to specific areas in the field.

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